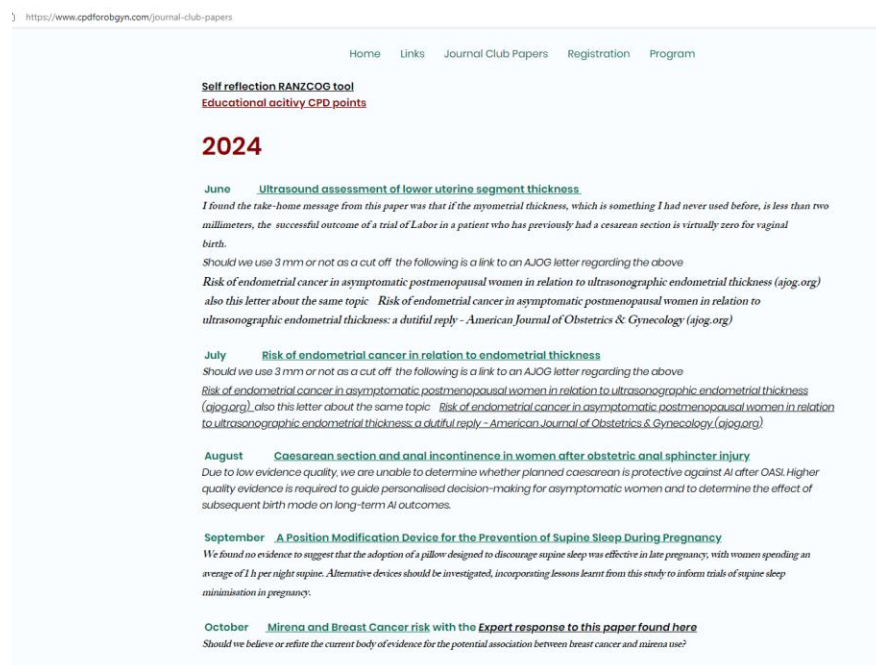


How to claim your CPD points for the journal club and conference

1. Open www.cpdforobgyn.com



2. Click on journal club link [Journal Club Papers | CPD for OBGYN](http://www.cpdforobgyn.com/journal-club-papers)



3. Each paper is listed including comments received. Clicking on the link for the paper will take you to a free full access version of the paper.
4. The college has given 1.5 hours for reading time which equates to 1.5 educational activity (EA) points per paper and you can complete all 12 on the site
5. The links to register your EA points is the second link on the top left hand corner of the journal club page as above. Click on this link to take you to integrate.

6. Sign into integrate as usual
7. Click on activities tab on left hand menu

The screenshot shows the 'CPD Activities' page in the RANZCOG Integrate system. The user is logged in as Dr Christopher (Chris) Griffin. The page features a sidebar with navigation options and a main content area with a table of activity history. The table lists activities with details such as ID, dates, description, domain, hours, and tags.

Activity Id	Start Date	End Date	Description	Domain	No. Hours	Subspecialty	Tag
0114	May 22, 2025	May 24, 2025	BICCM ball conference may 2025	Educational Activities	12		
0113	May 21, 2025	May 24, 2025	BICCM conference Ball may 2025 with pri	Educational Activities	12		
0112	May 20, 2025	May 20, 2025	9 hour all day list	Performance Review	9		
0115	May 4, 2025	Jun 4, 2025	mercy journal club	Educational Activities	4		
0110	Jan 30, 2025	Jan 30, 2025	Lyell McEwin Hospital - Progress report r	Outcome Measurement	3		
0109	Jan 8, 2025	Jan 8, 2025	OFSEP	Performance Review	0.5		

8. Then click on the + Add activity Via Framework button at the top right of the page
9. This then opens this screen

The screenshot shows the 'Add Activity Via Framework' screen. It is divided into three main columns: Educational Activities, Outcome Measurement, and Performance Review. Each column contains a list of activity options with a plus icon to add them.

- Educational Activities:**
 - Bullying discrimination and sexual harassment training programs
 - Employer Speak up for Safety, Respect at Work programs
 - Operate with respect eLearning module
 - RANZCOG Respectful Workplaces Workshop
 - Committees, working and project groups
 - External medical committees, working party / project groups
 - Formal presentations at Committees, working / project groups
 - Organising committee e.g. conference
 - RANZCOG committees / working party / project groups
 - Regional, government or national policy advisory bodies
 - Conferences / Workshops / Courses
 - Conference / workshop / course attendance
 - Convening and/or formal presentation at conferences, workshops, state/national or international meetings
 - Delivering Presentation/ Research updates
- Outcome Measurement:**
 - Audits / Data Review
 - C-QUIP - self managed audit
 - Case-based discussions
 - Clinical audit
 - Clinical case review
 - Compare processes or health outcomes with best practice
 - Mortality & Morbidity Meeting (Analysis of patient outcomes)
 - Pre / post operation / procedure audit
 - QI projects related to cultural safety/ health equity/ professionalism/ ethics
 - Quality improvement (QI) project
 - Root cause analysis
 - Surgical audit
 - UGSA Pelvic floor data audit
 - Other Outcome Measurement Activity
 - Other Outcome Measurement Activity
- Performance Review:**
 - Clinical Meetings
 - Multidisciplinary team meetings
 - Clinical Meetings - (feedback you have received)
 - Case review meetings
 - Goal setting/strategic planning for practice/unit
 - Mortality & Morbidity meetings
 - Pathology Audit / Clinicopathological meetings
 - Operating / Performing procedure with a peer / team
 - Direct observation of practice in team setting
 - Operating / Performing procedure with a peer
 - Pre/post operation/procedure review and reflection
 - Simulation activity with peers/facilitators
 - Other Performance Review Activity
 - Other Performance Review Activity

10 Scroll down the left hand column with the heading of educational activities to the 6th block with the heading of Learning activities and click on journal clubs

+

Activities that support health and wellbeing (e.g. Emotional Intelligence Workshop)

Learning Activities

+

eLearning (e.g Acquire)

+

Formal post-graduate studies/PhD

+

Journal Clubs

+

Reading, viewing, or listening to educational material

+

Fetal Surveillance

+

Nuchal translucency software renewal

RANZCOG Accreditation

+

Post visit report

+

Post-visit report

+

Progress report

+

Site Visit

10. This then opens the following window and the second screen shot shows how to enter the whole of the last 12 months into the CPD framework. Please attach each paper you have read as supporting documentation

Add Activity Via Framework

Activity Type *

Educational Activities

Learning Activities

Journal Clubs

Activity Description *

virtual journal club june 2024 to june 2025 12 papers in total

Number of hours *

18

Activity Start Date *

4/6/2024

Activity End Date *

5/6/2025

Please indicate if this activity is relevant to your subspecialty scope of practice*:

☐ Yes
☒ No

Tag Activity

Tag Activity

Evidence of Completion: + Choose File

Schedule Kog 2025 - Ball - Symposium.pdf

Back to Activity Framework

Save

Close

Add Activity Via Framework

Activity Type *

Educational Activities

Learning Activities

Journal Clubs

Activity Description *

virtual journal club june 2024 to june 2025 12 papers in total

Number of hours *

18

Activity Start Date *

4/6/2024

Activity End Date *

5/6/2025

Please indicate if this activity is relevant to your subspecialty scope of practice*:

☐ Yes
☒ No

Tag Activity

Tag Activity

Evidence of Completion: + Choose File

Schedule Kog 2025 - Ball - Symposium.pdf

Back to Activity Framework

Save

Close

11. To enter the reflection again follow the link on the top left hand corner of [Journal Club Papers | CPD for OBGYN](#)

12. This opens the following screen which I have filled in as an example for you...

RANZCOG CPD Self-evaluation and Reflection Tool

1 2

Your details

Name *

dr chris griffin

RANZCOG ID *

11697

Phone *

0493179078

Email *

cg18111961@gmail.com

Identify and describe the activity you completed which you are reflecting upon.

Describe the activity which you are reflecting on. *

the 12 months of virtual club have been inspiring me to reach out further in my clinical practice to consider more options and foster curiosity. I have found that changing my mindset to a more open one has been instrumental in the listed areas below

IDENTIFY

Identify your area/s for reflection as a result of completing an activity. *

- ☒ Clinical skills
- ☒ Judgement
- ☒ Communication
- ☒ Decision making

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- ☒ Decision making
- ☒ Teamwork
- ☒ Culturally safe practice
- ☒ Addressing health inequities
- ☒ Professionalism
- ☒ Ethical practice
- ☒ emotional and social quotient

Tick all relevant boxes

REFLECT

List areas of your current practice in relation to this activity, that you feel may be able to be improved.

Area(s) of improvement *

- ☒ teamwork
- ☒ emotional calmness
- ☒ listening to patients
- ☒ understanding the pause

+ Add Item

EVALUATE

What did you learn from this activity that can be applied to your practice going forward? *

technically the papers did not necessarily drastically change my practice. However, the reading and sharing of knowledge with colleagues has improved my competency in understanding others who i work with everyday
If all i am taking forward in my professional reading is an improved emotional and social quotient then I am doubly happy with the time well spent

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